

Moving forward

Young adults with cancer

As a young adult living with cancer, you may have specific concerns. Know that there are resources and support groups that can help.



Finances

1. How do I manage my debt (student, car, mortgage)?
2. Where can I get help with financial planning?
3. What do I need to know about estate planning?

[Cancer Support Community](#)

[Family Reach](#)

[National Patient Advocate Foundation](#)

[Stupid Cancer®](#)



Career

1. What is disability insurance and do I qualify?
2. How do I balance working while receiving treatment and/or taking time off?
3. How do I adjust to returning to work?
4. Am I eligible for medical leave?
Are my caregivers eligible for leave?

[American Cancer Society](#)

[Cancer Care](#)

[Cancer + Careers](#)

[Stupid Cancer®](#)



Access

1. Where can I find information about clinical trials?
2. What resources are available for treatment assistance?
3. What if I can't work and lose my health insurance?

[Cancer + Careers](#)

[Cancer Research Institute \(Clinical Trial Finder\)](#)

[National Patient Advocate Foundation](#)

[Stand Up To Cancer](#)

[Stupid Cancer®](#)



Family & Community

1. Will my treatment affect fertility?
How can I plan for a family?
2. What if I just want to connect with someone who is going through a similar experience?
3. How do I tell my family/friends I have cancer?
4. How do I find support in caring for my young child?

[American Cancer Society](#)

[Cancer Care](#)

[Cancer Support Community](#)

[Elephants and Tea](#)

[GRYT app](#)

[Stupid Cancer®](#)

